2018 Retreats

Silent Retreats

3-Day (Tuesday 11am - Thursday 1pm), $280

Feb. 6-8 Mar. 6-8 Apr. 10-12 May 8-10
Jun 12-14 Oct. 9-11 Nov.13-15

5-Day, $500

Mon. July 9 @11am - Fri. July 14 @11am
Sat. Sept.8 @11am - Wed. Sept 12 @11am

8-Day, $800

Wed. July 25 @11am - Wed. Aug.1 @11am

Guided Retreats

Reconnecting with Earth and Self -A Writing and Ritual Retreat

Fri. May 4 @6pm - Sun. May 6 @1pm
A fun, creative, beautiful and deeply inspiring process.
$325 Private, $250 Shared, $225 Commuter
Facilitator Brenda Peddigrew rsm

Silence as a Way of Rest

Mon. July 3 @11am - Sat. July 7 @11am
$525 Private, $375 Shared
Learn what to expect when silence is chosen. Experience how it can be healing and focusing in daily life. Allow your senses and soul to find rest.
Facilitator Brenda Peddigrew rsm

Let Mercy Flow…Embracing a Life of Abundance & Blessing

Mon. July 16 @11am - Thurs. July 19 @11am
$395 Private, $280 Shared
Through input, media, poetry, guided reflections and meditative practices, explore how steeping oneself in the flow of Mercy unleashes a life of abundance and blessing.
Facilitator Kathy Murtha

Whispers and Shadows

Fri. Nov. 30 @6pm - Sun. Dec. 2 @1pm
$325 Private, $250 Shared, $225 Commuter
Waiting in hope for new life and light to be revealed… with guided reflections in a quiet atmosphere.
Facilitator Jane McDonell ibvm

Private Retreats

Individuals may book time throughout the year, depending on availability of accommodation.
Spiritual direction available upon request.

www.lorettomaryholme.ca