

2018 Retreats

Silent Retreats

3-Day (Tues. @11am - Thurs. @1pm), \$280
Feb. 6-8 Mar. 6-8 Apr. 10-12 May 8-10
Jun 12-14 Oct. 9-11 Nov.13-15

5-Day, \$500

Mon. July 9 @11am - Sat July 13 @11am
Sat. Sept.8 @11am - Wed. Sept 12 @11am

8-Day, \$800

Wed. July 25 @11am - Fri. Aug.1 @11am

Guided Retreats

**Reconnecting with Earth and Self
-A Writing and Ritual Retreat**

Fri. May 4 @6pm - Sun. May 6 @1pm

A fun, creative, beautiful and deeply inspiring process.
\$325 Private, \$250 Shared, \$225 Commuter

Facilitator Brenda Peddigrew rsm

Silence as a Way of Rest

Tues. July 3 @11am - Sat. July 7 @11am

\$525 Private, \$375 Shared

Experience how silence can be healing and focusing in
daily life. Allow your senses and soul to find rest.

Facilitator Brenda Peddigrew rsm

**Let Mercy Flow...Embracing a Life
of Abundance & Blessing**

Mon. July 16 @11am - Thurs. July 19 @11am

\$395 Private, \$280 Shared

Through input, media, poetry, guided reflections and
meditative practices, explore how steeping oneself in the
flow of Mercy unleashes a life of abundance and blessing.

Facilitator Kathy Murtha

Whispers and Shadows

Fri. Nov. 30 @6pm - Sun. Dec. 2 @1pm

\$325 Private, \$250 Shared, \$225 Commuter

Waiting in hope for new life and light to be revealed...
with guided reflections in a quiet atmosphere.

Facilitator Jane McDonnell ibvm

Private Retreats

Individuals may book time throughout the year,
depending on availability of accommodation.

Spiritual direction available upon request.

www.lorettomaryholme.ca